Dear Parents,

All Aboard…Learning Express Inc. wanted to let you know about the steps we are taking to control the spread of the COVID-19 (commonly known as coronavirus.) All of the classrooms continue to be on an aggressive program of disinfection which includes an upgraded schedule of disinfecting doorknobs, toys (especially those that have been in a child’s mouth), faucet handles, and toilets. All Aboard Administration has been working together to determine best practices for controlling the spread of any infectious disease. We have incorporated extra handwashing into each day in all classrooms, we have made a game of it by announcing it over the intercom system. We are taking all precautions in the building to continue to eliminate the spread of germs. This includes, but is not limited to, washing our hands upon entering the classroom (staff and children), upon re-entering the building after recess, after using the bathroom, blowing or wiping noses and before and after eating. All staff members are also trained to wash every time they enter a new classroom.

COVID-19 is a respiratory illness. There is currently no vaccine to protect against it. The best way to prevent infection is to avoid being exposed to the virus that causes it. Stopping transmission through everyday practices is the best way to keep healthy:

* Cover your mouth with a tissue when coughing or sneezing or cough into the inside of the elbow (this is the practice we use and teach at AALE). Throw the tissue in the trash after you use it.
* Wash hands often and especially before eating and after contact with public surfaces. Wash with soap and water for at least 20 seconds. If soap and water are not available, use and alcohol-based hand cleaners.
* Avoid touching your eyes, nose, and mouth.
* Try to avoid close contact with people who are sick.
* People who are sick should stay home and avoid contact with other people until they are well.
* See your doctor if you have a fever, cough, body aches and fatigue.

.

All Aboard is asking you to do your part to contain the spread of any virus- stay home or keep your child home if there have been signs of the flu or if you are not feeling well.

At this time, the Illinois Department of Public Health (IDPH) does NOT recommend the use of masks or gloves, cancelling classes, or cancelling mass gatherings.  If you are looking for more information about COVID-19, you can check out the Center for Disease Control (CDC) or the Illinois Department of Public Health (IDPH) websites. If you have any questions, please feel free to see the office.

Sincerely,

All Aboard…Learning Express, Inc.